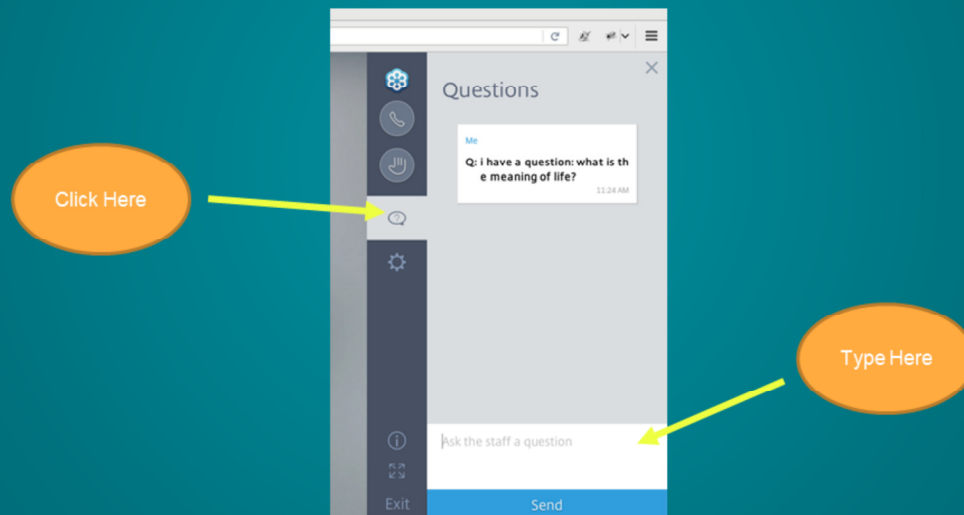


Resist and Keep Safe Online: From Digital Harassment to Harm Reduction

Hosted by:
Progressive Technology Project & May First / People Link

How to Ask a Question

Please hold all questions until after presentations are done.



Your Hosts:



Alice Aguilar

Executive Director

Progressive Technology Project



Alfredo Lopez

Founder & Leadership
Committee Member

May First / People Link



Jamie McClelland

Systems Director

Progressive Technology Project;

Co-Founder & Leadership
Committee Member

May First / People Link

Presenters:



Renee Bracey Sherman

Senior Public Affairs Manager

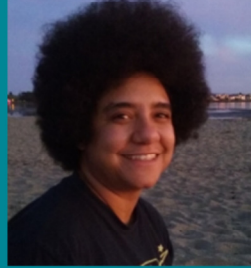
National Network of Abortion
Funds



Dan Staples

IT Manager

National Network of
Abortion Funds



Jack Aponte

Worker-Owner

Palante Technology
Cooperative



Lisa Jervis

Principal Consultant

Information Ecology

Agenda

- ❑ **Welcome & Introductions** – Alice Aguilar
- ❑ **A Look at the Political Landscape** – Alfredo Lopez
- ❑ **What You Can Do When Faced with Digital Harassment** –
Renee Bracey Sherman and Dan Staples
- ❑ **Ways to Think About How to Reduce Harm from Online Security
Threats to Your Organization** – Jack Aponte and Lisa Jervis
- ❑ **Q&A** – Moderated by Alice

Introduction: Highlighting “Holistic Security”

Alice Aguilar



A Look at the Political Landscape

Alfredo Lopez



What You Can Do When Faced with Digital Harassment

Renee Bracey Sherman and Dan Staples
National Network of Abortion Funds





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DEALING WITH ONLINE HARASSMENT

SOCIAL MEDIA & DOXXING

RENEE BRACEY SHERMAN & DAN STAPLES

NATIONAL NETWORK OF ABORTION FUNDS

GENERAL TIPS

- Turn off the geolocation on all social media and devices – especially at events
- Google and Talkwalker Alerts
- Document Harassment
- Don't use open wifi networks for important or private work
- Google Doc sharing
- Passwords & Two Factor Authentication
- Registering domains with WHOIS privacy



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FACEBOOK

- Limit public postings
- Friend requests
- Change settings on images
- Tagging approval
- Close messages



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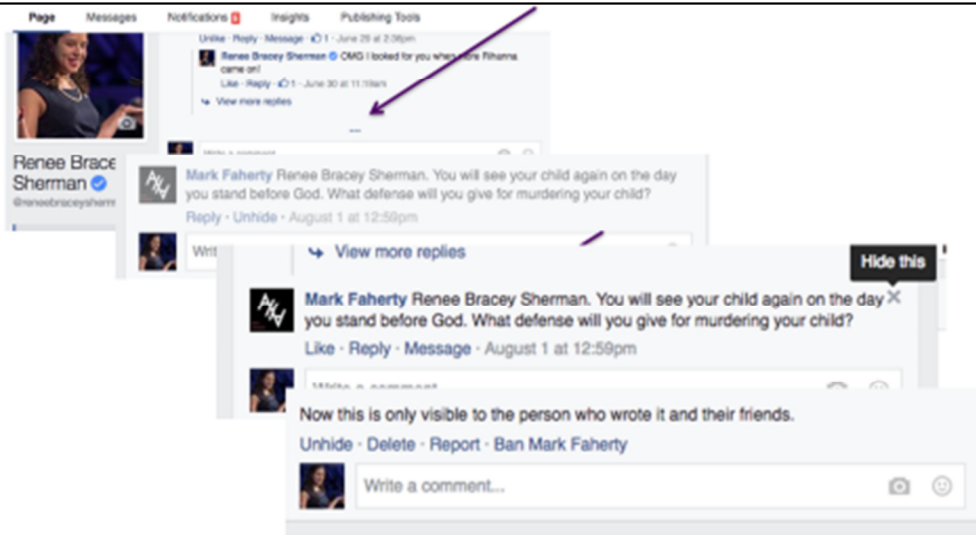
	Anyone can add photos and videos to the Page Post moderation is turned on	
Reviews	Reviews are turned off	Edit
Audience Optimization for Posts	The ability to select a preferred audience and restrict the audience for your posts is turned on	Edit
Messages	People can contact my Page privately.	Edit
Tagging Ability	Other people can tag photos posted on my Page.	Edit
Others Tagging this Page	People and other Pages can tag my Page.	Edit
Country Restrictions	Page is visible to everyone.	Edit
Age Restrictions	Page is shown to everyone.	Edit
Page Moderation	Posts containing these words are blocked: murder,murderer,killer,killing,die,whore,slut,unborn,slaughter,kill,jesus,hosebeast, selfish,brainless,moron,hate,slag,monster,horrific,suffer,god,pray,dismember,dismembered,dead,fuck,fucking,kill yourself,death,aborting,loathing,filth,wretched,filthy,stupid,pig,disgusting	Edit
Profanity Filter	Set to strong	Edit



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FACEBOOK SETTINGS

PUBLIC PAGES



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COMMENT MODERATION PUBLIC PAGES

TWITTER

- Tweet and delete
- Blocking vs. muting
- Muting words
- Third party apps (Block Together)
- Sharing block lists
- Reporting accounts
- Close direct messages



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BLOCKING & MUTING

The image is a screenshot of a Twitter profile page for 'We Testify' (@AbortionStories). The profile header shows the name 'We Testify' and the bio 'Abortion stories and as diverse as the people who choose them.' Below the header is a sidebar menu with options: Account, Security and privacy, Password, Cards and shopping, Order history, Mobile, Email notifications, Notifications, Web notifications, Find friends, Muted accounts, and Blocked accounts. The main content area is titled 'Words you're muting' and lists several words: 'baby killer', 'ghoul', 'killer', and 'murder'. Each word has a 'Muted' button next to it. Below this list is a tweet from 'We Testify' (@AbortionStories) with the text 'What if we testified to our abortion stories unapologetically? Learn more: buff.ly/2dP9933 #WeTestify'. The tweet has 176 retweets and 176 likes. A dropdown menu is open for the tweet, showing options: 'Share via Direct Message', 'Copy link to Tweet', 'Embed Tweet', 'Mute @JFA212', 'Mute this conversation' (highlighted with a red arrow), 'Block @JFA212', and 'Report Tweet'. Another red arrow points to the 'Mute this conversation' option.

Abortion stories and as diverse as the people who choose them.

We Testify
@AbortionStories

Account >
Security and privacy >
Password >
Cards and shopping >
Order history >
Mobile >
Email notifications >
Notifications >
Web notifications >
Find friends >
Muted accounts >
Blocked accounts >

Words you're muting
When you mute words, you won't get any new notifications for Tweets that include them. [Learn more.](#)

[Add muted word or phrase] **Add**

baby killer **Muted**
ghoul **Muted**
killer **Muted**
murder

Josh Anderson @JFA212 · 17h
What if we normalize veritable genocide, thus making murder another acceptable form of selfish behavior #muh

We Testify @AbortionStories
What if we testified to our abortion stories unapologetically? Learn more: [buff.ly/2dP9933](#) #WeTestify

176 Retweets 176 Likes

Share via Direct Message
Copy link to Tweet
Embed Tweet
Mute @JFA212
Mute this conversation
Block @JFA212
Report Tweet

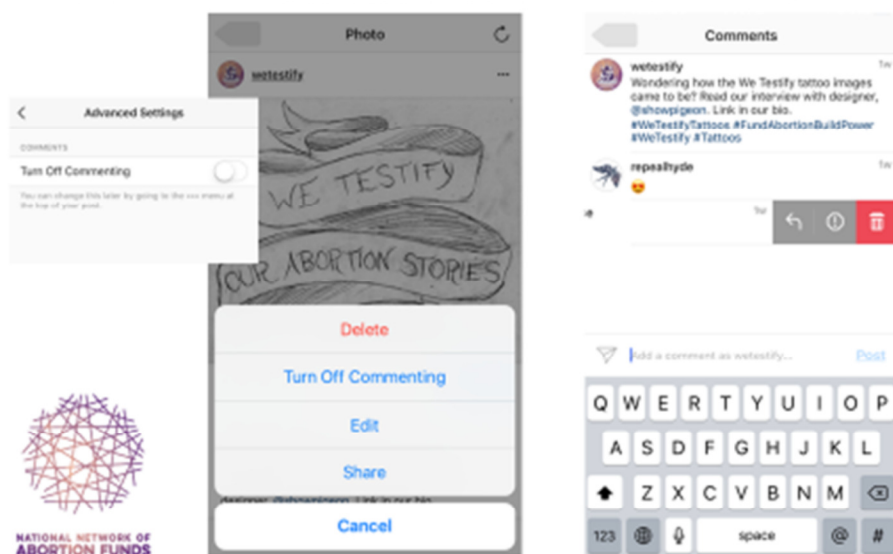
Millennial Catholic @MillenCatholic · 18h
Then you have no humanity left, and you have sold your soul to

We Testify @AbortionStories
What if we testified to our abortion stories unapologetically? Learn more: [buff.ly/2dP9933](#) #WeTestify

176 Retweets 176 Likes

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INSTAGRAM

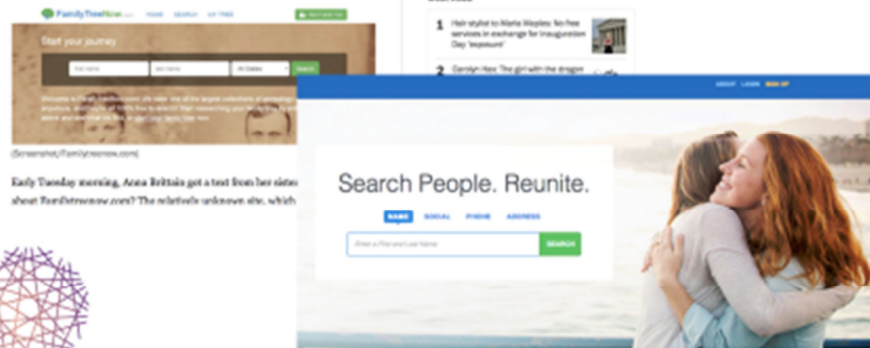


DATA MINING SITES

The Internet

You've probably never heard of this creepy genealogy site. But it knows a lot about you.

By Kirby Sinclair January 12



Early Tuesday morning, Anna Brittain got a text from her sister about FamilyTreeNow.com. The website's unknown, she, which





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What is Spokeo?

Spokeo is a people search engine that aggregates white pages listings, public records and social network information into single profiles to help you safely find and learn about people.

UNIQUE USER ACCOUNTS

[Wordfence Alert] themonumentquilt.org Admin... Message 8 of 13

From: WordPress 
To: dan@dismantl 
Date: 2017-01-31 09:13


This email was sent from your website "The Monument Quilt" by the Wordfence plugin at Tuesday 31st of January 2017 at 09:13:14 AM
The Wordfence administrative URL for this site is: [REDACTED]

A user with username [REDACTED] who has administrator access signed in to your WordPress site.
User IP: 193.201.224.217
User hostname: [REDACTED].24.217
User location: **Ukraine**

NOTE: You are using the free version of Wordfence. Upgrade today:
- Advanced features like IP reputation monitoring, country blocking, an advanced comment spam filter and cell phone sign-in give you the best protection available
- Remote, frequent and scheduled scans
- Access to Premium Support
- Discounts of up to 90% for multiyear and multi-license purchases

Click here to upgrade to Wordfence Premium:
<https://www.wordfence.com/xal/wordfence-signup/>

To change your alert options for Wordfence, visit:
<http://themonumentquilt.org/wp-admin/admin.php?page=WordfenceSecOpt>
To see current Wordfence alerts, visit:
<http://themonumentquilt.org/wp-admin/admin.php?page=Wordfence>



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WHOIS PRIVACY

Showing results for: NNAF.ORG

Original Query: nnaf.org

Contact Information

Registrant Contact

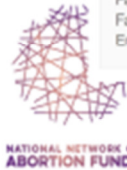
Name: Contact Privacy
Organization: MyPrivacy.net
Mailing Address: 300A-219
Dufferin St., Toronto ON M6K 3J1
CA
Phone: +1.6474785997
Ext:
Fax:
Fax Ext:
Email: nnaf.org@myprivacy.net

Admin Contact

Name: Contact Privacy
Organization: MyPrivacy.net
Mailing Address: 300A-219
Dufferin St., Toronto ON M6K 3J1
CA
Phone: +1.6474785997
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Phone: +1.6474785997
Ext:
Fax:
Fax Ext:
Email: nnaf.org@myprivacy.net



MORE TIPS

- Digital Media Copyright Act takedown notices
- Don't read all the posts
- Take breaks
- If it gets really serious, talk to a lawyer or security professional



RESOURCES

Speak Up & Stay Safe(r)
onlinesafety.feministfrequency.com

Crash Override
crashoverridenetwork.com

Data Brokers Opt-Out Lists
bit.ly/2lqJoB0
www.abine.com/deleteme

Heartmob
iheartmob.org



Ways to Think About How You Can Reduce Harm from Online Security Threats to Your Organization

Jack Aponte and Lisa Jervis



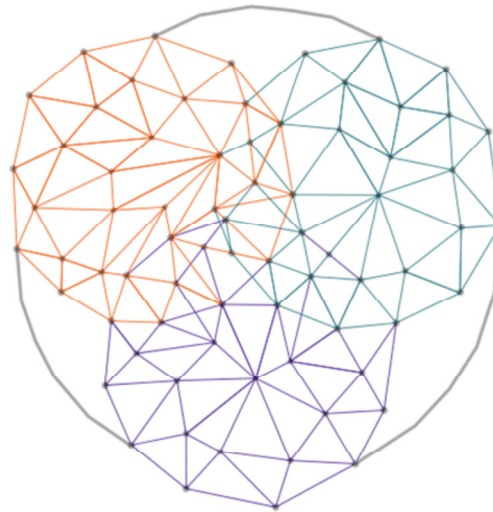
Organizational digital security

A harm reduction approach

Digital security is one part of a **holistic approach to security** for your organization.

Holistic Security

- △ Physical Security
Threats to our physical integrity. Threats to our homes, buildings, vehicles.
- △ Psycho-social Security
Threats to our psychological wellbeing.
- △ Digital Security
Threats to our information, communication and equipment.
- Holistic security analysis, strategies and tactics.



Graphic & concept adapted from <https://holistic-security.tacticaltech.org/>



Security is an **ongoing process** that needs **regular & frequent** organizational attention

Image from http://www.imgrum.net/media/910390924443080487_1647777772

things change all the time, both within your organization and in the larger context within which you're working.

Harm reduction framework for digital security

- **Accept** that risks exist
- **Understand** the risks we face
- **Prioritize** which risks we deal with, how and when
- Work within our **resource limitations**
- Carry our **larger politics** with us throughout the process

More on principles of harm reduction in original context of drug use: <http://harmreduction.org/about-us/principles-of-harm-reduction/>

* Harm reduction accepts that there will always be some risk, in part because of those limitations.

* There's no "all in one" or "one size fits all" solution for keeping yourself safe. It's about your your specific situation and what is acceptable risk for you.

Key concepts of digital security

- **Confidentiality**
- **Integrity**
- **Availability**



Image borrowed from <https://www.cocc.edu/its/infosec/concepts/cia-triad/>

“CIA triad”

Confidentiality: control who sees what

Integrity: make sure no one changes the data (voting fraud, defacing your website and putting up malicious or compromising stuff)

Availability: data is accessible to the right people at all times

Risk assessment part 1: inventory

What information do you have and want to protect?

Image from <http://www.dailymail.co.uk/news/article-3300682/Oregon-family-s-two-guard-dogs-adopt-orphaned-kitten.html>



Risk assessment part 1: inventory

Who might want to compromise your information's confidentiality, integrity, or availability?



Image from <http://guff.com/cats-ruining-things-like-the-demons-they-are>

Risk assessment part 1: inventory

What are the consequences of a compromise in confidentiality, integrity, or availability?

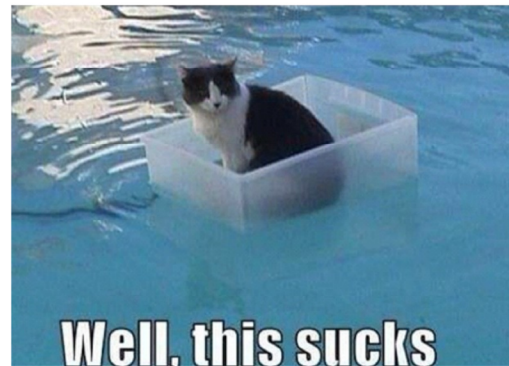


Image from <http://www.lolriot.com/funny-pictures-70-31-images/cat-in-water-well-this-sucks/>

Risk assessment part 2: likelihood and consequence



How can your information be accessed? How vulnerable are the places where you keep things?

Image from <http://iruntheinternet.com/04676>

Risk assessment part 2: likelihood and consequence



What skills/resources do those who may want your information have?
What does this mean for how likely is it that they will succeed?

Image from <http://cashcats.biz/>

Risk assessment part 2: likelihood and consequence



What skills/resources
can you devote to
protecting your
information?

Image from <http://www.thezoom.com/2012/10/8030/>

Risk assessment results

Serious consequences + high likelihood = top priority!



Created by Chameleon Design
from Noun Project

Basic best practices for digital security

- Backups
- Antivirus and software updates
- Passwords and two-factor authentication (2FA)
- Account management
- Compartmentalization
- Responsible data management

Q & A

Additional Resources

- Holistic Security from Tactical Tech (<https://holistic-security.tacticaltech.org>)
- “21st Century COINTELPRO – FBI Surveillance Then and Now: How We Can Protect Ourselves” webinar materials (https://network.progressivetechnology.org/21st_century_cointelpro)
- PTP’s Baseline Security Guide for Organizers (<https://network.progressivetechnology.org/online-protection>)
- Tactical Technology Collective (<https://tacticaltech.org/>) has resources and toolkits related to security
- Electronic Frontier Foundation “An Introduction to Threat Modeling” (<https://ssd.eff.org/en/module/introduction-threat-modeling>)
- RoadMap’s “Weathering the Storm” (<https://roadmapconsulting.org/resource/weathering-the-storm>)
- New Protection Manual for Human Rights Defenders (<http://protectioninternational.org/publication/new-protection-manual-for-human-rights-defenders-3rd-edition/>)
- What If?: The Art of Scenario Thinking for Nonprofits (<http://community-wealth.org/content/what-if-art-scenario-thinking-nonprofits>)

Thank You for Joining Us!

To contact us with questions or comments about this webinar, please email:
info@progressivetech.org