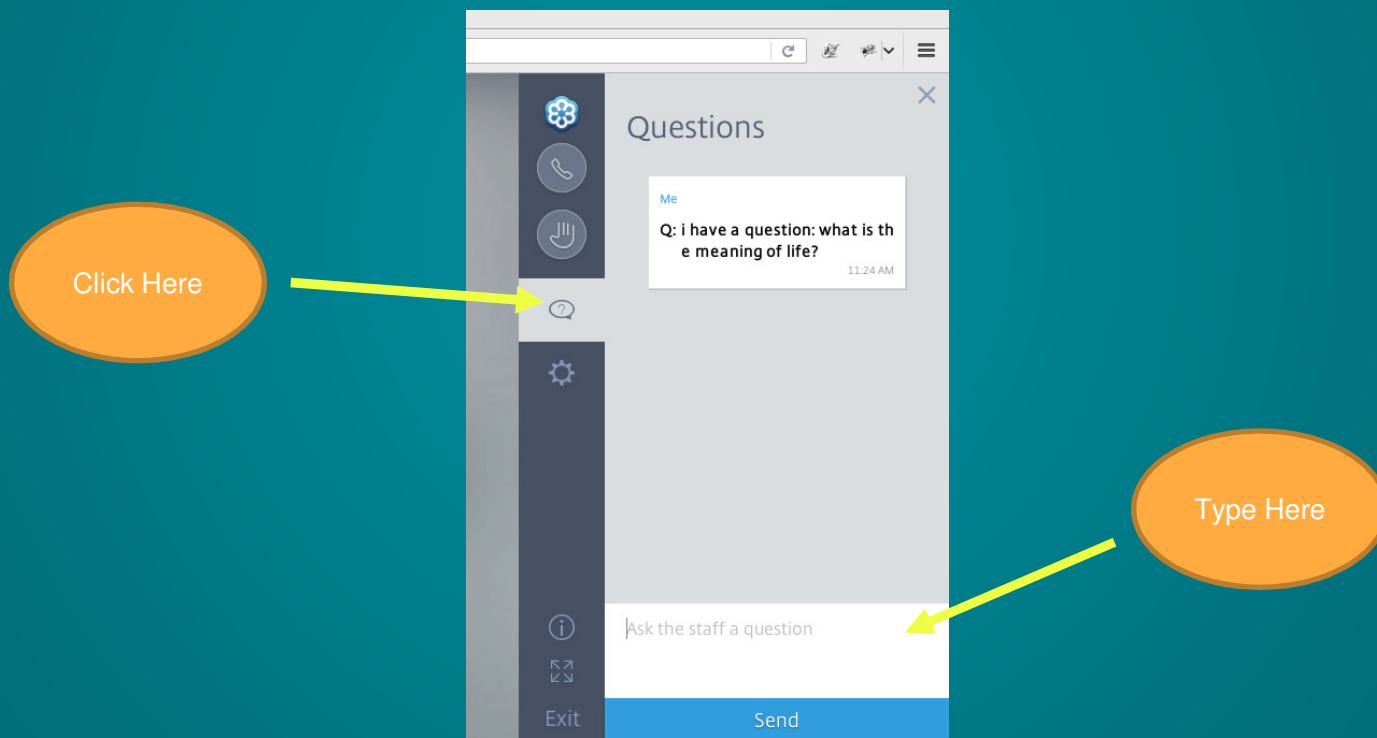


# Resist and Keep Safe Online: From Digital Harassment to Harm Reduction

Hosted by:  
Progressive Technology Project & May First / People Link

# How to Ask a Question

Please hold all questions until after presentations are done.



# Your Hosts:



**Alice Aguilar**

Executive Director

Progressive Technology Project



**Alfredo Lopez**

Founder & Leadership  
Committee Member

May First / People Link



**Jamie McClelland**

Systems Director

Progressive Technology Project;

Co-Founder & Leadership  
Committee Member

May First / People Link

# Presenters:



**Renee Bracey Sherman**

Senior Public Affairs Manager

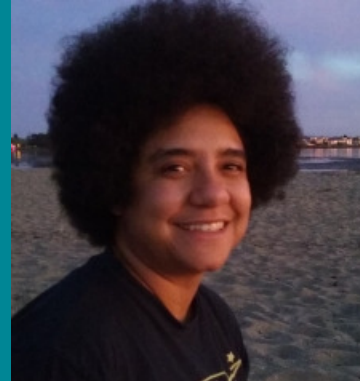
National Network of Abortion  
Funds



**Dan Staples**

IT Manager

National Network of  
Abortion Funds



**Jack Aponte**

Worker-Owner

Palante Technology  
Cooperative



**Lisa Jarvis**

Principal Consultant

Information Ecology

# Agenda

- ❑ **Welcome & Introductions** – Alice Aguilar
- ❑ **A Look at the Political Landscape** – Alfredo Lopez
- ❑ **What You Can Do When Faced with Digital Harassment** –  
Renee Bracey Sherman and Dan Staples
- ❑ **Ways to Think About How to Reduce Harm from Online Security  
Threats to Your Organization** – Jack Aponte and Lisa Jervis
- ❑ **Q&A** – Moderated by Alice

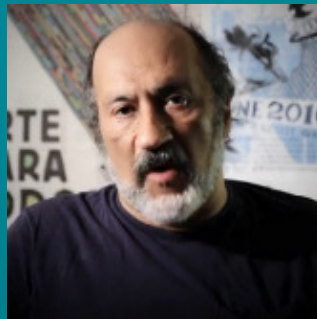
# Introduction: Highlighting “Holistic Security”

Alice Aguilar



# A Look at the Political Landscape

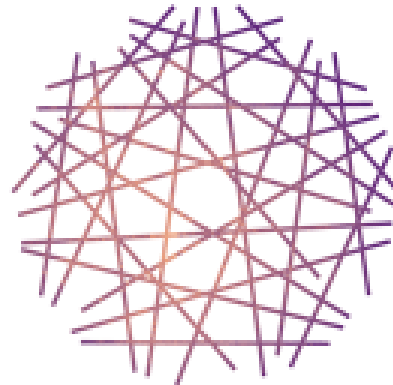
Alfredo Lopez



# What You Can Do When Faced with Digital Harassment

Renee Bracey Sherman and Dan Staples  
National Network of Abortion Funds





NATIONAL NETWORK OF  
**ABORTION FUNDS**

# **DEALING WITH ONLINE HARASSMENT**

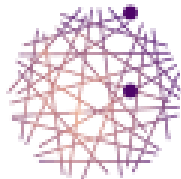
SOCIAL MEDIA & DOXXING

RENEE BRACEY SHERMAN & DAN STAPLES  
NATIONAL NETWORK OF ABORTION FUNDS

## GENERAL TIPS

---

- Turn off the geolocation on all social media and devices – especially at events
- Google and Talkwalker Alerts
- Document Harassment
- Don't use open wifi networks for important or private work
- Google Doc sharing
- Passwords & Two Factor Authentication
- Registering domains with WHOIS privacy

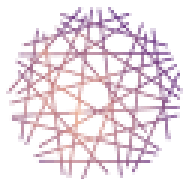


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# FACEBOOK

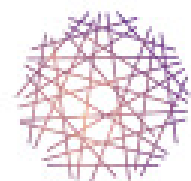
---

- Limit public postings
- Friend requests
- Change settings on images
- Tagging approval
- Close messages



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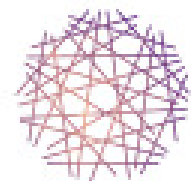
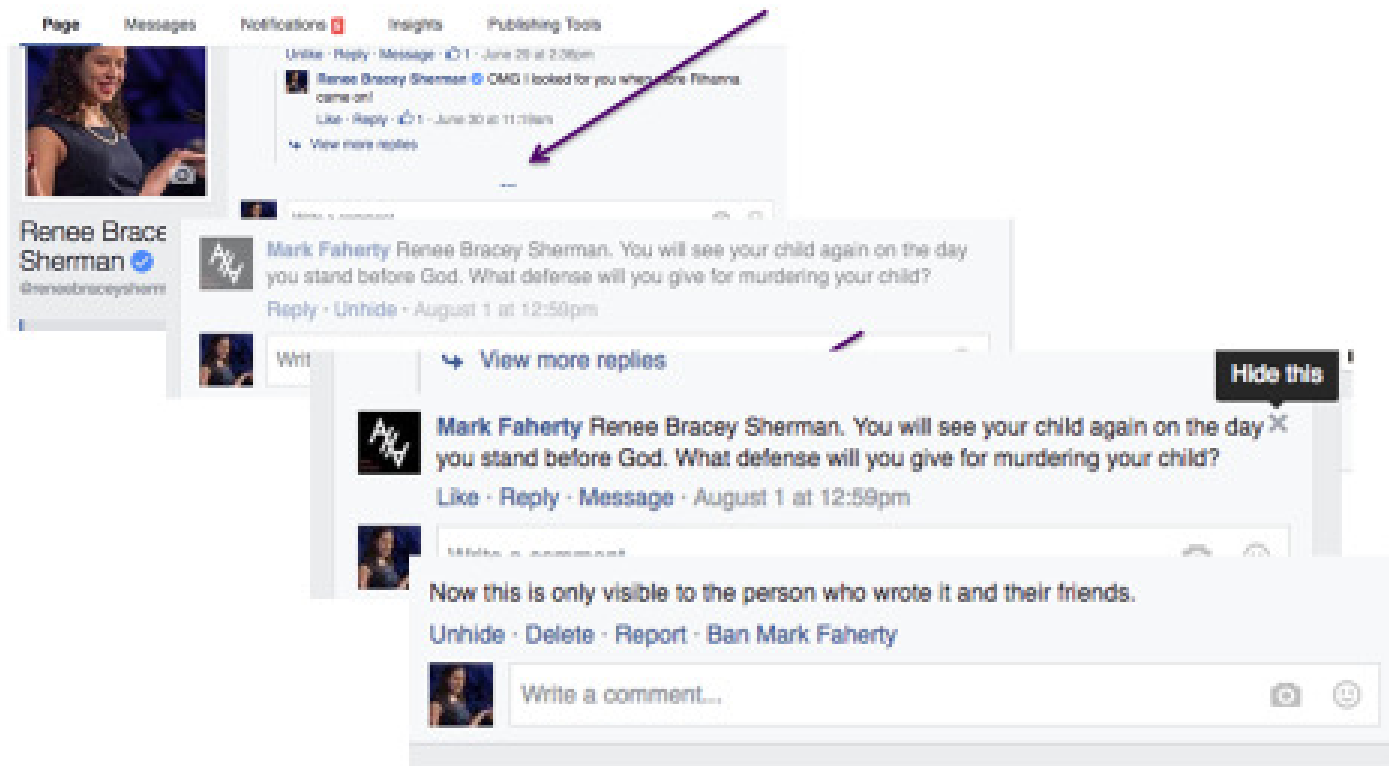
	Anyone can add photos and videos to the Page Post moderation is turned on	
Reviews	Reviews are turned off	Edit
Audience Optimization for Posts	The ability to select a preferred audience and restrict the audience for your posts is turned on	Edit
Messages	People can contact my Page privately.	Edit
Tagging Ability	Other people can tag photos posted on my Page.	Edit
Others Tagging this Page	People and other Pages can tag my Page.	Edit
Country Restrictions	Page is visible to everyone.	Edit
Age Restrictions	Page is shown to everyone.	Edit
Page Moderation	Posts containing these words are blocked: murder,murderer,killer,killing,die,whore,slut,unborn,slaughter,kill,jesus,hosebeast, selfish,brainless,moron,hate,slag,monster,horrific,suffer,god,pray,dismember,dismembered,dead,fuck,fucking,kill yourself,death,aborting,loathing,filth,wretched,lilthy,stupid,pig,disgusting	Edit
Profanity Filter	Set to strong	Edit



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## FACEBOOK SETTINGS

### PUBLIC PAGES



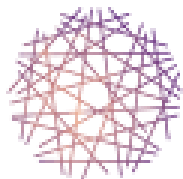
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ABORTION FUNDS

## COMMENT MODERATION PUBLIC PAGES

# TWITTER

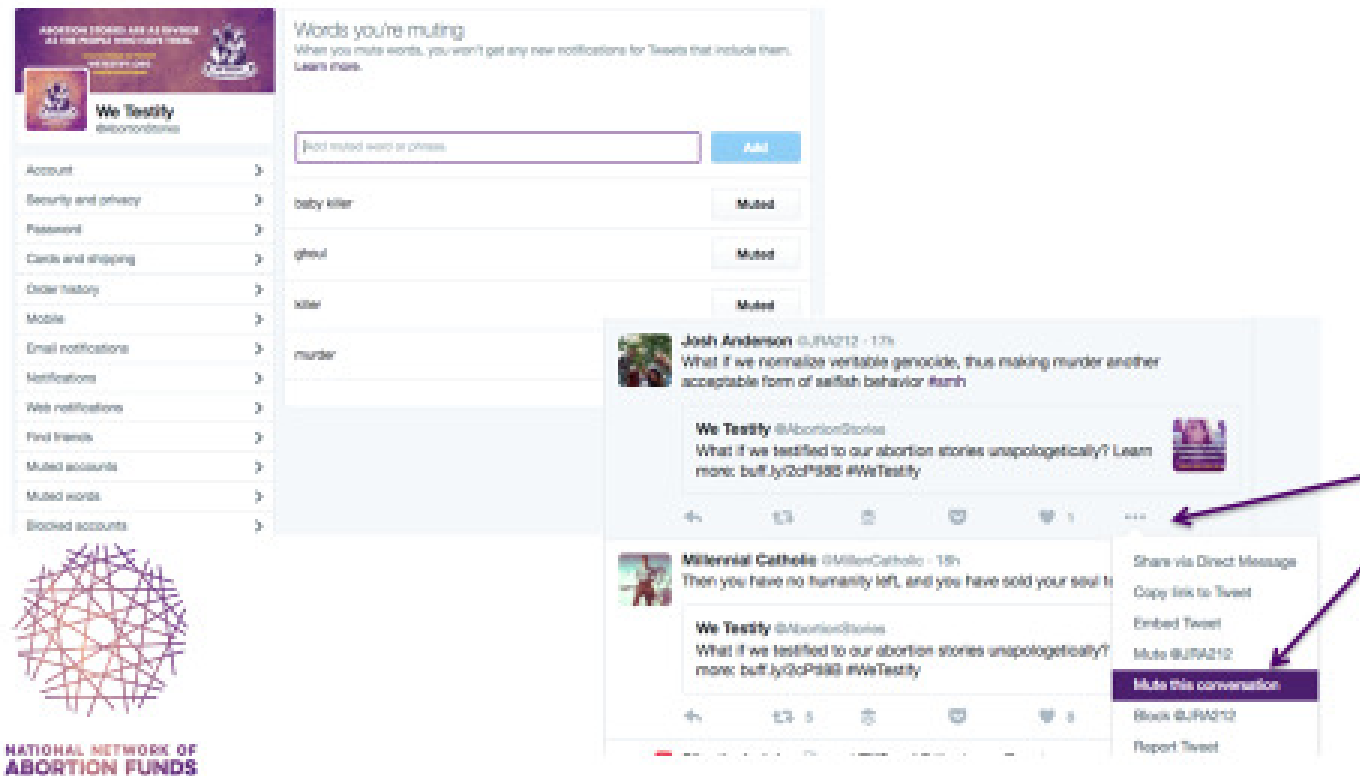
---

- Tweet and delete
- Blocking vs. muting
- Muting words
- Third party apps (Block Together)
- Sharing block lists
- Reporting accounts
- Close direct messages



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# BLOCKING & MUTING



The image is a composite of three screenshots illustrating Twitter's blocking and muting features. On the left is the 'We Testify' (@AbortionStories) profile page, showing the account name, bio, and a sidebar menu with options like Account, Security and privacy, Password, Cards and shopping, Order history, Mobile, Email notifications, Notifications, Web notifications, Find friends, Muted accounts, Muted words, and Blocked accounts. The bottom left features the 'NATIONAL NETWORK OF ABORTION FUNDS' logo. The top right screenshot shows the 'Words you're muting' section, which includes a text input field for adding muted words and a list of currently muted words: 'baby killer', 'ghoul', 'kiss', and 'murder'. The bottom right screenshot shows a tweet from 'We Testify' (@AbortionStories) with a context menu open. The menu options are: 'Share via Direct Message', 'Copy link to Tweet', 'Embed Tweet', 'Mute @JFA212', 'Mute this conversation' (highlighted with a red arrow), 'Block @JFA212', and 'Report Tweet'.

**Words you're muting**  
When you mute words, you won't get any new notifications for Tweets that include them.  
[Learn more.](#)

Input field: [Add muted word or phrase] **Add**

Muted words list:

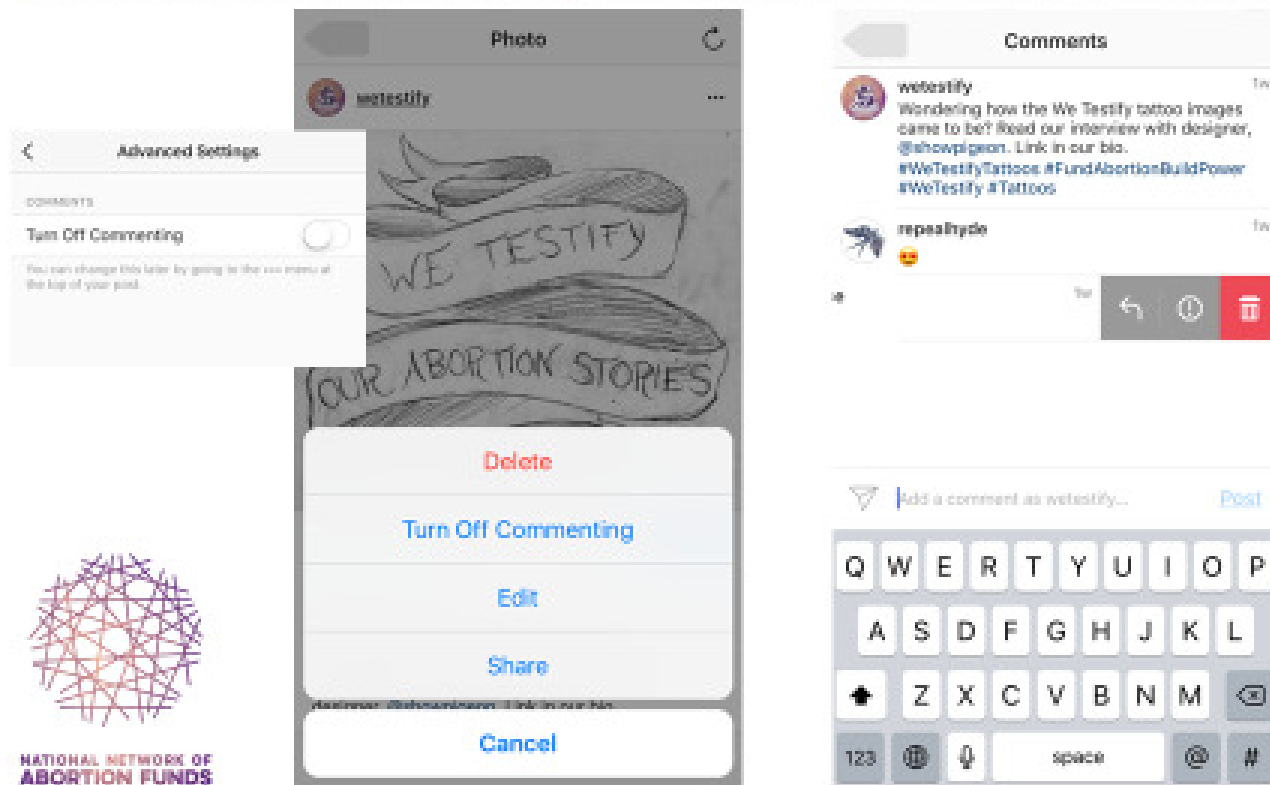
- baby killer **Muted**
- ghoul **Muted**
- kiss **Muted**
- murder

**We Testify** @AbortionStories  
What if we testified to our abortion stories unapologetically? Learn more: [buff.ly/2dP9885](#) #WeTestify

Context menu options:

- Share via Direct Message
- Copy link to Tweet
- Embed Tweet
- Mute @JFA212
- Mute this conversation**
- Block @JFA212
- Report Tweet

## INSTAGRAM

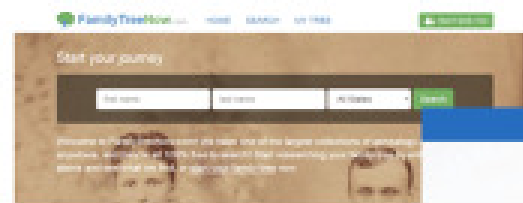


# DATA MINING SITES

The Internet

You've probably never heard of this creepy genealogy site. But it knows a lot about you.

By Abby Ohlheiser January 12



(Screenshot, familytreenow.com)

Early Tuesday morning, Anna Brittain got a text from her sister about FamilyTreeNow.com? The relatively unknown site, which

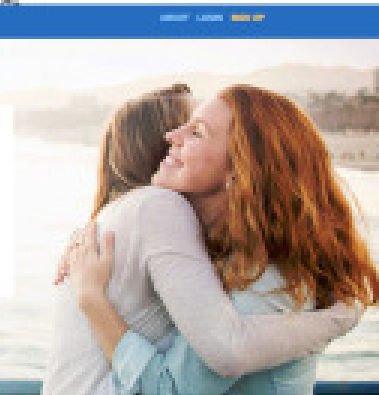
Most Read

1. Hair styled to Maria Waples for her services in exchange for Inauguration Day "inquest"
2. Carolyn/Max The girl with the dragon

Search People. Reunite.

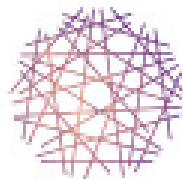
NAME SOCIAL PHONE ADDRESS

Enter a first and last name SEARCH



What is Spoked?


Spoked is a people search engine that organizes white pages listings, public records and social network information into simple profiles to help you easily find and learn about people.



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# UNIQUE USER ACCOUNTS

---



[Wordfence Alert] themonumentquilt.org Admin... Message 8 of 13

From: WordPress  
To: dan@dismantl  
Date: 2017-01-31 09:13

This email was sent from your website "The Monument Quilt" by the Wordfence plugin at Tuesday 31st of January 2017 at 09:13:14 AM  
The Wordfence administrative URL for this site is: [REDACTED]

A user with username "[REDACTED]" who has administrator access signed in to your WordPress site.  
User IP: 193.201.224.217  
User hostname: [REDACTED].24.217  
User location: **Ukraine**

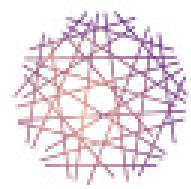
NOTE: You are using the free version of Wordfence. Upgrade today:

- Advanced features like IP reputation monitoring, country blocking, an advanced comment spam filter and cell phone sign-in give you the best protection available
- Remote, frequent and scheduled scans
- Access to Premium Support
- Discounts of up to 90% for multiyear and multi-license purchases

Click here to upgrade to Wordfence Premium:  
<https://www.wordfence.com/sxi/wordfence-signup/>

--

To change your alert options for Wordfence, visit:  
<http://themonumentquilt.org/wp-admin/admin.php?page=WordfenceSecOpt>  
To see current Wordfence alerts, visit:  
<http://themonumentquilt.org/wp-admin/admin.php?page=Wordfence>



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# WHOIS PRIVACY

Showing results for: NNAF.ORG

Original Query: nnaf.org

## Contact Information

### Registrant Contact

Name: Contact Privacy  
Organization: MyPrivacy.net  
Mailing Address: 300A-219  
Dufferin St., Toronto ON M6K 3J1  
CA  
Phone: +1.6474785997  
Ext:  
Fax:  
Fax Ext:  
Email: nnaf.org@myprivacy.net

### Admin Contact

Name: Contact Privacy  
Organization: MyPrivacy.net  
Mailing Address: 300A-219  
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Phone: +1.6474785997  
Ext:  
Fax:  
Fax Ext:  
Email: nnaf.org@myprivacy.net



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## MORE TIPS

- Digital Media Copyright Act takedown notices
- Don't read all the posts
- Take breaks
- If it gets really serious, talk to a lawyer or security professional



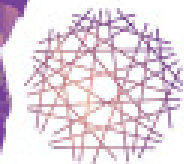
# RESOURCES

Speak Up & Stay Safe(r)  
[onlinesafety.feministfrequency.com](http://onlinesafety.feministfrequency.com)

Crash Override  
[crashoverridenetwork.com](http://crashoverridenetwork.com)

Data Brokers Opt-Out Lists  
[bit.ly/2lqJoB0](http://bit.ly/2lqJoB0)  
[www.abine.com/deleteme](http://www.abine.com/deleteme)

Heartmob  
[iheartmob.org](http://iheartmob.org)



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# Ways to Think About How You Can Reduce Harm from Online Security Threats to Your Organization

Jack Aponte and Lisa Jervis



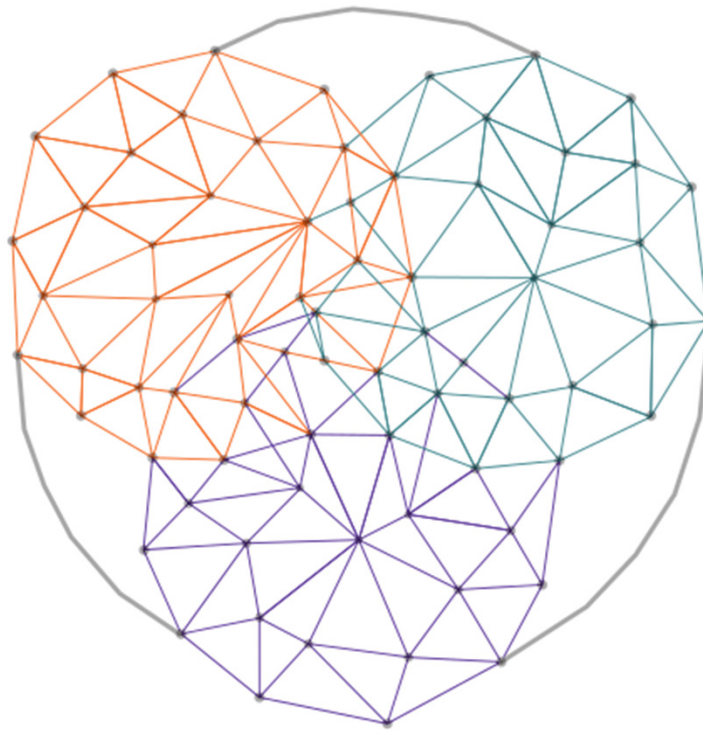
# Organizational digital security

A harm reduction approach

Digital security is one part of a **holistic approach to security** for your organization.

### Holistic Security

- △ **Physical Security**  
Threats to our physical integrity. Threats to our homes, buildings, vehicles.
- △ **Psycho-social Security**  
Threats to our psychological wellbeing.
- △ **Digital Security**  
Threats to our information, communication and equipment.
- Holistic security analysis, strategies and tactics.



*Graphic & concept adapted from <https://holistic-security.tacticaltech.org/>*



Security is an **ongoing process** that needs **regular & frequent** organizational attention

*Image from [http://www.imgrum.net/media/910390924443080487\\_1647777772](http://www.imgrum.net/media/910390924443080487_1647777772)*

# Harm reduction framework for digital security

- **Accept** that risks exist
- **Understand** the risks we face
- **Prioritize** which risks we deal with, how and when
- Work within our **resource limitations**
- Carry our **larger politics** with us throughout the process

*More on principles of harm reduction in original context of drug use: <http://harmreduction.org/about-us/principles-of-harm-reduction/>*

# Key concepts of digital security

- **Confidentiality**
- **Integrity**
- **Availability**



*Image borrowed from <https://www.cocc.edu/its/infosec/concepts/cia-triad/>*

# Risk assessment part 1: inventory

What information do you have and want to protect?

*Image from <http://www.dailymail.co.uk/news/article-3300682/Oregon-family-s-two-guard-dogs-adopt-orphaned-kitten.html>*



## Risk assessment part 1: inventory

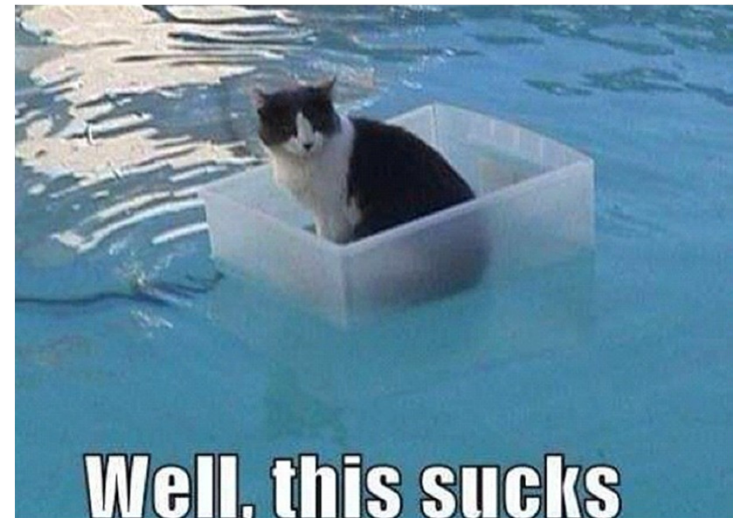
Who might want to compromise your information's confidentiality, integrity, or availability?



*Image from <http://guff.com/cats-ruining-things-like-the-demons-they-are>*

## Risk assessment part 1: inventory

What are the consequences of a compromise in confidentiality, integrity, or availability?



*Image from <http://www.lolriot.com/funny-pictures-70-31-images/cat-in-water-well-this-sucks/>*

## Risk assessment part 2: likelihood and consequence



How can your information be accessed? How vulnerable are the places where you keep things?

*Image from <http://iruntheinternet.com/04676>*

## Risk assessment part 2: likelihood and consequence



What skills/resources do those who may want your information have?  
What does this mean for how likely is it that they will succeed?

*Image from <http://cashcats.biz/>*

## Risk assessment part 2: likelihood and consequence



What skills/resources  
can you devote to  
protecting your  
information?

*Image from <http://www.thezooom.com/2012/10/8030/>*

# Risk assessment results

Serious consequences + high likelihood = top priority!



Created by Chameleon Design  
from Noun Project

# Basic best practices for digital security

- Backups
- Antivirus and software updates
- Passwords and two-factor authentication (2FA)
- Account management
- Compartmentalization
- Responsible data management

Q & A

# Additional Resources

- Holistic Security from Tactical Tech (<https://holistic-security.tacticaltech.org>)
- “21<sup>st</sup> Century COINTELPRO – FBI Surveillance Then and Now: How We Can Protect Ourselves” webinar materials (<https://network.progressivetechnology.org/21st-century-cointelpro>)
- PTP’s Baseline Security Guide for Organizers (<https://network.progressivetechnology.org/online-protection>)
- Tactical Technology Collective (<https://tacticaltech.org/>) has resources and toolkits related to security
- Electronic Frontier Foundation “An Introduction to Threat Modeling” (<https://ssd.eff.org/en/module/introduction-threat-modeling>)
- RoadMap’s “Weathering the Storm” (<https://roadmapconsulting.org/resource/weathering-the-storm>)
- New Protection Manual for Human Rights Defenders (<http://protectioninternational.org/publication/new-protection-manual-for-human-rights-defenders-3rd-edition/>)
- What If?: The Art of Scenario Thinking for Nonprofits (<http://community-wealth.org/content/what-if-art-scenario-thinking-nonprofits>)

# Thank You for Joining Us!

To contact us with questions or comments about this webinar, please email:  
[info@progressivetech.org](mailto:info@progressivetech.org)