Resist and Keep Safe Online:
From Digital Harassment to Harm Reduction

Hosted by:
Progressive Technology Project & May First / People Link
How to Ask a Question

Please hold all questions until after presentations are done.
Your Hosts:

Alice Aguilar  
Executive Director  
Progressive Technology Project

Alfredo Lopez  
Founder & Leadership Committee Member  
May First / People Link

Jamie McClelland  
Systems Director  
Progressive Technology Project; Co-Founder & Leadership Committee Member  
May First / People Link
Presenters:

Renee Bracey Sherman
Senior Public Affairs Manager
National Network of Abortion Funds

Dan Staples
IT Manager
National Network of Abortion Funds

Jack Aponte
Worker-Owner
Palante Technology Cooperative

Lisa Jervis
Principal Consultant
Information Ecology
Agenda

- Welcome & Introductions – Alice Aguilar
- A Look at the Political Landscape – Alfredo Lopez
- What You Can Do When Faced with Digital Harassment – Renee Bracey Sherman and Dan Staples
- Ways to Think About How to Reduce Harm from Online Security Threats to Your Organization – Jack Aponte and Lisa Jervis
- Q&A – Moderated by Alice
Introduction:
Highlighting “Holistic Security”

Alice Aguilar
A Look at the Political Landscape

Alfredo Lopez
What You Can Do When Faced with Digital Harassment

Renee Bracey Sherman and Dan Staples
National Network of Abortion Funds
GENERAL TIPS

- Turn off the geolocation on all social media and devices – especially at events
- Google and Talkwalker Alerts
- Document Harassment
- Don’t use open wifi networks for important or private work
- Google Doc sharing
- Passwords & Two Factor Authentication
- Registering domains with WHOIS privacy
FACEBOOK

- Limit public postings
- Friend requests
- Change settings on images
- Tagging approval
- Close messages
### Facebook Settings

**Public Pages**

<table>
<thead>
<tr>
<th>Setting</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reviews</td>
<td>Reviews are turned off</td>
</tr>
<tr>
<td>Audience Optimization for Posts</td>
<td>The ability to select a preferred audience and restrict the audience for your posts is turned on</td>
</tr>
<tr>
<td>Messages</td>
<td>People can contact my Page privately.</td>
</tr>
<tr>
<td>Tagging Ability</td>
<td>Other people can tag photos posted on my Page.</td>
</tr>
<tr>
<td>Others Tagging this Page</td>
<td>People and other Pages can tag my Page.</td>
</tr>
<tr>
<td>Country Restrictions</td>
<td>Page is visible to everyone.</td>
</tr>
<tr>
<td>Age Restrictions</td>
<td>Page is shown to everyone.</td>
</tr>
<tr>
<td>Page Moderation</td>
<td>Posts containing these words are blocked: murder, murderer, killer, killing, die, whore, slut, unborn, slauger, ill, jesus, hosebeast, selfish, brainless, moron, hate, stag, monster, homic, suffer, god, pray, dismember, dismembered, dead, fuck, fucking, kill, yourself, death, aborting, loathing, filthy, wretched, filthy, stupid, pig, disgusting</td>
</tr>
<tr>
<td>Profanity Filter</td>
<td>Set to strong</td>
</tr>
</tbody>
</table>
COMMENT MODERATION
PUBLIC PAGES

NATIONAL NETWORK OF ABORTION FUNDS
TWITTER

- Tweet and delete
- Blocking vs. muting
- Muting words
- Third party apps (Block Together)
- Sharing block lists
- Reporting accounts
- Close direct messages
BLOCKING & MUTING
DATA MINING SITES

The Internet

You’ve probably never heard of this creepy genealogy site. But it knows a lot about you.

Early Tuesday morning, Anna Brittain got a text from her sister about FanGenn.com. The relatively unknown site, which

Search People. Reunite.

What is Spokeo?

Spokeo is a people search engine that organizes white pages, blogs, public records and social network information into simple profiles to help you safely find and learn about people.
UNIQUE USER ACCOUNTS

[Wordfence Alert] themonumentquilt.org Admin...

This email was sent from your website "The Monument Quilt" by the Wordfence plugin at Tuesday 31st of January 2017 at 09:13:14 AM
The Wordfence administrative URL for this site is: [redacted]
A user with username [redacted] who has administrator access signed in to your WordPress site.
User IP: 193.201.224.217
User hostname: [redacted].224.217
User location: Ukraine

NOTE: You are using the free version of Wordfence. Upgrade today:
- Advanced features like IP reputation monitoring, country blocking, an advanced comment spam filter and cell phone sign-in give you the best protection available
- Remote, frequent and scheduled scans
- Access to Premium Support
- Discounts of up to 90% for multiyear and multi-license purchases

Click here to upgrade to Wordfence Premium:
https://www.wordfence.com/zl/wordfence-signup/

---
To change your alert options for Wordfence, visit:
To see current Wordfence alerts, visit:
<table>
<thead>
<tr>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Registrant Contact</strong></td>
</tr>
<tr>
<td>Name: Contact Privacy</td>
</tr>
<tr>
<td>Organization: MyPrivacy.net</td>
</tr>
<tr>
<td>Mailing Address: 300A-219</td>
</tr>
<tr>
<td>Dufferin St., Toronto ON M6K 3J1</td>
</tr>
<tr>
<td>CA</td>
</tr>
<tr>
<td>Phone: +1.6474785997</td>
</tr>
<tr>
<td>Ext:</td>
</tr>
<tr>
<td>Fax:</td>
</tr>
<tr>
<td>Fax Ext:</td>
</tr>
<tr>
<td>Email: <a href="mailto:nnaf.org@myprivacy.net">nnaf.org@myprivacy.net</a></td>
</tr>
<tr>
<td><strong>Admin Contact</strong></td>
</tr>
<tr>
<td>Name: Contact Privacy</td>
</tr>
<tr>
<td>Organization: MyPrivacy.net</td>
</tr>
<tr>
<td>Mailing Address: 300A-219</td>
</tr>
<tr>
<td>Dufferin St., Toronto ON M6K 3J1</td>
</tr>
<tr>
<td>CA</td>
</tr>
<tr>
<td>Phone: +1.6474785997</td>
</tr>
<tr>
<td>Ext:</td>
</tr>
<tr>
<td>Fax:</td>
</tr>
<tr>
<td>Fax Ext:</td>
</tr>
<tr>
<td>Email: <a href="mailto:nnaf.org@myprivacy.net">nnaf.org@myprivacy.net</a></td>
</tr>
<tr>
<td><strong>Tech Contact</strong></td>
</tr>
<tr>
<td>Name: Contact Privacy</td>
</tr>
<tr>
<td>Organization: MyPrivacy.net</td>
</tr>
<tr>
<td>Mailing Address: 300A-219</td>
</tr>
<tr>
<td>Dufferin St., Toronto ON M6K 3J1</td>
</tr>
<tr>
<td>CA</td>
</tr>
<tr>
<td>Phone: +1.6474785997</td>
</tr>
<tr>
<td>Ext:</td>
</tr>
<tr>
<td>Fax:</td>
</tr>
<tr>
<td>Fax Ext:</td>
</tr>
<tr>
<td>Email: <a href="mailto:nnaf.org@myprivacy.net">nnaf.org@myprivacy.net</a></td>
</tr>
</tbody>
</table>
MORE TIPS

- Digital Media Copyright Act takedown notices
- Don’t read all the posts
- Take breaks
- If it gets really serious, talk to a lawyer or security professional
RESOURCES
Speak Up & Stay Safe(r)
onlinesafety.feministfrequency.com

Crash Override
crashoverriddenetwork.com

Data Brokers Opt-Out Lists
bit.ly/2IqJoB0
www.abine.com/delete.me

Heartmob
iheartmob.org
Ways to Think About How You Can Reduce Harm from Online Security Threats to Your Organization

Jack Aponte and Lisa Jervis
Organizational digital security

A harm reduction approach
Digital security is one part of a **holistic approach to security** for your organization.

---

**Holistic Security**

- **Physical Security**
  Threats to our physical integrity. Threats to our homes, buildings, vehicles.

- **Psycho-social Security**
  Threats to our psychological wellbeing.

- **Digital Security**
  Threats to our information, communication and equipment.
  - Holistic security analysis, strategies and tactics.

---

*Graphic & concept adapted from https://holistic-security.tacticaltech.org/*
Security is an ongoing process that needs regular & frequent organizational attention.
Harm reduction framework for digital security

- **Accept** that risks exist
- **Understand** the risks we face
- **Prioritize** which risks we deal with, how and when
- Work within our **resource limitations**
- Carry our **larger politics** with us throughout the process

More on principles of harm reduction in original context of drug use: http://harmreduction.org/about-us/principles-of-harm-reduction/
Key concepts of digital security

- Confidentiality
- Integrity
- Availability

Image borrowed from https://www.cocc.edu/its/infosec/concepts/cia-triad/
Risk assessment part 1: inventory

What information do you have and want to protect?

Risk assessment part 1: inventory

Who might want to compromise your information’s confidentiality, integrity, or availability?

Image from http://guff.com/cats-ruining-things-like-the-demons-they-are
Risk assessment part 1: inventory

What are the consequences of a compromise in confidentiality, integrity, or availability?

Risk assessment part 2: likelihood and consequence

How can your information be accessed? How vulnerable are the places where you keep things?

Image from http://runtheinternet.com/04676
Risk assessment part 2: likelihood and consequence

What skills/resources do those who may want your information have? What does this mean for how likely is it that they will succeed?

Image from http://cashcats.biz/
Risk assessment part 2: likelihood and consequence

What skills/resources can you devote to protecting your information?

Image from http://www.thezooom.com/2012/10/8030/
Risk assessment results

Serious consequences + high likelihood = top priority!

Created by Chameleon Design
from Noun Project
Basic best practices for digital security

• Backups
• Antivirus and software updates
• Passwords and two-factor authentication (2FA)
• Account management
• Compartmentalization
• Responsible data management
Q & A
Additional Resources

- Holistic Security from Tactical Tech (https://holistic-security.tacticaltech.org)
- Tactical Technology Collective (https://tacticaltech.org/) has resources and toolkits related to security
- RoadMap’s “Weathering the Storm” (https://roadmapconsulting.org/resource/weathering-the-storm)
- What If?: The Art of Scenario Thinking for Nonprofits (http://community-wealth.org/content/what-if-art-scenario-thinking-nonprofits)
Thank You for Joining Us!

To contact us with questions or comments about this webinar, please email: info@progressivetech.org